|  |  |
| --- | --- |
| **Domain-specific physical activity- median** | Description: Median minutes spent in work-, transport- and recreation-related physical activity on average per day |
| Instrument question: P1 - P15b: activity at work, travel to and from places, and recreational activities |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Median minutes of work-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range |
| 18-29 | 525 | 40.7 | 0.0 - 210.0 | 927 | 42.9 | 0.0 - 180.0 | 1452 | 40.7 | 0.0 - 188.6 |
| 30-44 | 554 | 137.1 | 0.0 - 360.0 | 1005 | 51.4 | 0.0 - 205.7 | 1559 | 77.1 | 0.0 - 257.1 |
| 45-59 | 246 | 137.1 | 17.1 - 274.3 | 419 | 85.7 | 0.0 - 240.0 | 665 | 85.7 | 0.0 - 257.1 |
| 45-69 | 227 | 8.6 | 0.0 - 180.0 | 407 | 0.0 | 0.0 - 34.3 | 634 | 0.0 | 0.0 - 120.0 |
| 60-69 | 103 | 51.4 | 8.6 - 220.0 | 239 | 98.6 | 4.3 - 300.0 | 342 | 85.7 | 4.3 - 282.9 |
| **Total** | **1655** | **66.4** | **0.0 - 257.1** | **2997** | **42.9** | **0.0 - 188.6** | **4652** | **51.4** | **0.0 - 214.3** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 906 | 85.7 | 0.0 - 300.0 | 1698 | 64.3 | 0.0 - 205.7 | 2604 | 77.1 | 0.0 - 231.4 |
| Urban | 749 | 34.3 | 0.0 - 214.3 | 1299 | 0.0 | 0.0 - 171.4 | 2048 | 10.0 | 0.0 - 192.9 |